

## What's on the Menu?

Meal times represent an important social occasion for everyone and we work to ensure they are as enjoyable as possible, unhurried and relaxed with residents being given plenty of time to eat and enjoy their meal.

Our chef's prepare delicious and nutritious meals, which are freshly made. Our colleagues in the home will be happy to discuss any special dietary needs you have.

## Visiting Details

Please speak to the home for details about visiting.



EachStep Care is part of Community Integrated Care, one of Britain's biggest and most successful health and social care charities.

Community Integrated Care is a company limited by guarantee, registered in England and Wales (Company Registration Number 2225727). Community Integrated Care is also a registered charity (Charity Registration Number 519996 (England) and SC039671 (Scotland)).

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**eachstepcare**  
Understanding Dementia

## Munches Park Dalbeattie



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Care

## Our Home

Munches Park is a warm, welcoming and friendly care home, providing specialist residential care for up to 29 older people and people living with dementia.



Everyone is able to enjoy their own comfortable and spacious bedroom, with en-suite facilities, which we encourage you to personalise by bringing small items from home.



Our home has some wonderful spaces for you to relax in and enjoy the company of your friends and family.



We have a large garden that is accessible so that everyone can enjoy relaxation and activities outdoors.

## A Person Centred Approach

We are committed to providing personalised care and support that encourages residents to lead full, happy and active lives.



All colleagues receive specialist training and mentoring and really get to know the residents. To achieve this we spend time understanding your life story and everything that's important to you, so we can focus on the things that really matter to you most.



## Activities

At Munches Park we run an extensive activity programme and support people to enjoy days out in the local community in our own vehicle.



By getting to know residents we are able to offer activities that meet their different passions and interests.

Everyone enjoys fun one-to-one and group activities, such as art and crafts, reminiscence sessions, quizzes, games nights and sing-a-longs, as well as performances from local entertainers.

