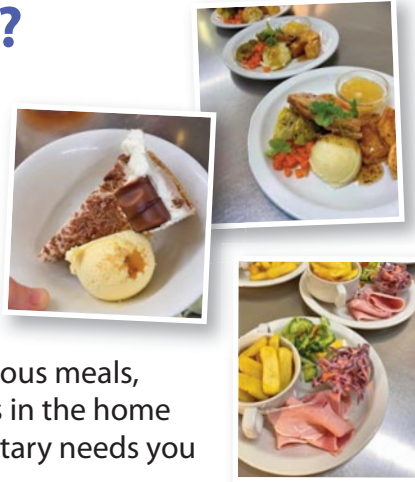


## What's on the Menu?

Meal times represent an important social occasion for everyone and we work to ensure they are as enjoyable as possible, unhurried and relaxed with residents being given plenty of time to eat and enjoy their meal.

Our chef's prepare delicious and nutritious meals, which are freshly made. Our colleagues in the home will be happy to discuss any special dietary needs you have.



## Visiting Details

Please contact the home to arrange a suitable time to visit.



EachStep Care is part of Park Homes (UK) Ltd., a company incorporated in England, Wales and Scotland.

Our Company number is 03349379 and our registered address is 7C Fairfax House, Cottingley Business Park, Bingley, Bradford, England, BD16 1PE



### Park Homes (UK) Ltd

7C Fairfax House  
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**Tel: 01274 201279**


Email: [enquiries@parkhomesuk.co.uk](mailto:enquiries@parkhomesuk.co.uk)

Web: [www.eachstepcare.co.uk](http://www.eachstepcare.co.uk)

**eachstepcare**  
Understanding Dementia

## Charnwood Lodge Dumfries



 8-18 Annan Road  
Dumfries  
DG1 3AD

 01387 270350



## Our Home

Charnwood Lodge is a warm, welcoming and friendly care home, providing specialist residential care for up to 68 older people and people living with dementia.

Everyone is able to enjoy their own comfortable and spacious bedroom, with en-suite facilities, which we encourage you to personalise by bringing small items from home.

Our home has some wonderful spaces for you to relax in and enjoy the company of your friends and family.

We have a large garden that is accessible so that everyone can enjoy relaxation and activities outdoors.



## A Person Centred Approach

We are committed to providing personalised care and support that encourages residents to lead full, happy and active lives.

All colleagues receive specialist training and mentoring and really get to know the residents. To achieve this we spend time understanding your life story and everything that's important to you, so we can focus on the things that really matter to you most.



## Activities

At Charnwood Lodge we run an extensive activity programme and support people to enjoy days out in the local community.

By getting to know residents we are able to offer activities that meet their different passions and interests.

Everyone enjoys fun one-to-one and group activities, such as art and crafts, reminiscence sessions, quizzes, games nights and sing-a-longs, as well as performances from local entertainers.

